

Financial Well-Being Starts Here

5 Minutes
12 Questions



A Snapshot of Financial Health

The Financial Well-Being Assessment (FWBA) measures your financial health by highlighting strengths, identifying growth areas, and connecting you with personalized support. Take the assessment here: <https://finred.usalearning.gov/FWBA>.



What You'll Receive

- Your scores across the four components
- Actionable steps to improve your financial health
- Ability to track your progress over time

FOUR COMPONENTS OF FINANCIAL WELL-BEING

1. Present Financial Security

Can I:

- Pay today's bills?
- Cover my expenses?

2. Future Financial Security

Can I:

- Recover from unexpected expenses?
- Identify and take action on future financial goals?

3. Present Freedom of Choice

Do I have the financial freedom to make choices that meet my needs, wants, and goals?

4. Future Freedom of Choice

Am I on track to meet my long-term goals?

Financial Well-Being Assessment



This tool is designed to help you assess your financial well-being.

Read each statement and select your response. Your results and helpful resources will display after you've answered all twelve questions. This assessment does not collect personally identifiable information, or PII.

To see the most relevant resources, select your branch of service:

- Buttons for selection:
- Army
 - Air Force
 - Coast Guard
 - Marine Corps
 - Navy
 - Space Force
 - Prefer Not To Answer

Begin



Start the Conversation

- I took the FWBA – have you tried it?
- What financial goals are you working on?
- Do you know how to connect with financial resources?
- Can we add financial well-being to our readiness briefs?



Lead By Example

- Take the assessment annually.
- Encourage and normalize financial conversations.
- Connect your team with financial resources.

MORE RESOURCES

- Find a Personal Financial Counselor (PFC):
<https://finred.usalearning.gov/pfcMap>
- Military OneSource:
<https://www.militaryonesource.mil/>

Follow @DoDFINRED on social media to ensure you never miss a moment.

